



President's Message

Loretta Manzara, CSJ

Jubilee! Come and Join the Jubilee! Fifty-two of our members, marking 25– 75 years, in Canada and in Peru will celebrate their Jubilees between now and the close of our Federation's 50th anniversary. (See the list elsewhere in this newsletter.) The vitality of commitment, covenant, and Spirit-filled ministry: that indeed is a joy to shout out! To capture that feeling I would highly encourage everyone to listen to Hoagy Carmichael's rhythmical rendition of Stanley Adams lyrics "Jubilee". Just click on this URL address: <https://www.youtube.com/watch?v=B335xnS5JVv>

The delightful voice of **Catherine Russell** along with her trio of instrumentalists, pops with joy and delight. I tried to capture all the words from the video presentation, but when you type them separated from the melody and rhythm, they lack their luster. One is wont to say that the composer and lyricist worked together to provide this magical sound through collaboration, shared vision, and understanding the art form of jazz.

Reflecting on our Federation Jubilee, I am so aware of the numerous persons over our fifty years who have collaborated, dug deeply into our history, voiced a vision of the early intentions of our founder and foundresses, and shared their understanding of the art form of communal living. We might say: they unearthed for us the magical ethos of our charism. Holding these persons in mind I would like to use Adams' text and say that they helped us "listen to the band, swinging through the land, everybody stand". Yes they listened deeply to Spirit, gave us the words and vitality to express our charism, and as it flourished, we found our personal voices and "made the rafters sing up to heaven".

From 1973 - 1976 Canadian Sisters together with a team from the United States under the leadership of **Sr. Julie Harkins** spent their summers in France pursuing the

origins of the Congregation's history and spirituality. These studies led to the formulation of our Consensus Statement, updated translations of the Maxims of Perfection and a clearer sense of the founding history. Our first Canadian Federation working group, the "Medaille Team" offered the very first workshops and regional meetings to our members! In a recent conversation with **Betty Berrigan** about these events her energy and enthusiasm about this time still exudes excitement and makes me want to know more! Major participants in this work were: **Sisters Theresa Marie Caillouette, Betty Berrigan, Jeanne Fortin, and Joyce Murray. Sr. Bernita** from Toronto pursued similar work and **Mary Louise Holland** participated as well. The reader will no doubt want to name others. As we celebrate this anniversary year may I encourage you to catch some of this energy in conversation with these Sisters who hold the memory.

In 1984 a task force was given a mandate to develop a consciousness-raising tool to facilitate a pro-justice stance among every Sister of St. Joseph. Within two years they produced a kit of materials consisting of prayers, poetry, articles, statistics and helpful hints on how to align the charism of unity and reconciliation with social justice issues. The rhythmic nuance of our time is like a jazz improvisation. The voice of the global community is striving to articulate the "climate crisis". The ensemble players are worldwide. The UN Conference of Parties Climate Meeting in Paris (December 2015) could be identified as the peak performance hall. There, the voice of the first climate refugees moved hearts when a woman leader among the 3,500 people of the now non-existent Cataret Island, spoke of her determination to find a new home for her people, and the planting of thousands of fruit, nut and palm trees for their future. Hearing how Bangladesh is striving to become the first solar nation pulsed hope into the audience, and the documents of the major world religions became instrumental in the COP21 talks.

Message from the Executive Director—Nancy Sullivan csj

Back in the 1970s there was a specific poster that was popular. It was a picture of a ship with the caption, "A ship is safe in a harbour but a ship was not built for a harbour". The concept floats back to me during busy days when I feel like staying in the harbour rather than venturing outward. I also remember the words of **Clarissa Pinkton Estes**, who said, "We were made for these times", and we are. We as individuals and congregations have our own set of responsibilities, duties and worries but God has also blessed us as individuals and congregations with the grace and gifts to not only endure these but to grow into them and flourish into the response God calls us to with gentleness, peace and joy. The Federation is no different. We work day by day to bloom where God has planted us. This newsletter touches on several aspects of the life of the Federation

during this our 50th Jubilee year, from **Loretta Manzara's** inspiring call to celebrate Jubilee and the work of some groups during earlier years of the life of the Canadian Federation to the information offered by our Ecology Committee and Vocation Committee. Let us not forget the work of our Federation Archivists in preparing the display celebrating the presence of the CSJs of Canada in healthcare in Ontario through the years.

In the summer of 2014, the Federation supported an exciting initiative of Faith Connections (Toronto) in offering a Pilgrimage Retreat to London, Ontario

for young adults. The purpose was to:

- ◆ Offer both the young adults (age 18-39 years) and the CSJs the opportunity to meet and connect.
- ◆ Introduce young adults to, or further form them in, the CSJ charism / spirituality / history.
- ◆ Give young adults a glimpse into CSJ life (both in their home and in their ministries).
- ◆ Eat together, pray together, serve together, learn together, and have fun together.

at www.faithconnections.ca/faith-connections-events

Another Federation initiative was the workshop/retreat "The Lace is Not Finished Yet" which was held at the Hamilton Residence on April 8-10. Led by the team of **Pat Valeriote, Lucy Godfrey, Dotsy Schweitzer, Theresa Rodgers** and myself, 20 participants were able to get in touch with the life and times of LePuy where our first Sisters divided the city and served the dear neighbour. They also connected with the first six Sisters, the so-called

'Leading Ladies' of our congregation. The program was courtesy of **Jane De Lisle, CSJ** who offered it in California and in Albany, New York a few years ago. The team members who attended that weekend, were touched by the experience and endeavored to bring it to the Canadian CSJ scene. From one participant of this weekend in Hamilton:



Thanks to the hospitality of the Sisters at the London Residence and the hard work of the Committee, it was a roaring success and feedback was wonderful. In light of **Pope Francis'** encyclical, it was termed *Living Joy*. Another Pilgrimage is now planned at the Hamilton Residence with the theme *Living Mercy* in light of this being the Year of Mercy.

It will take place the weekend of Aug. 26-28, 2016. We are expecting about 20 young adults. It would be wonderful to have them come from various locations so kindly exhort them to do so! A poster for the event is available

"I needed a 'refresher' in our charism and my wish was fulfilled. Each section was so rich in our history, lending all to reflection and great sharing". Another participant said, "This weekend really deepened my appreciation and love of our charism of active and inclusive love." Stay tuned for further information about the program being offered again in the fall. As winter melts into spring and spring melts into summer, let us live fully our Federation Mission in responding to the evolving reality of our world, bringing healing and hope to all creation.

President's Message (continued from page 1)

Our CSJ charism of unity and reconciliation is Spirit infused, bold with melody of healing, justice, and life-creating possibility.

We stand on the good work of those members who first unearthed a new depth of the Charism for us. Their energy has helped to open doors for the good work of our time. Today our Charism and history are enlivened with the "The Lace is Not Finished Yet" program, our participation at the International Centre, and the work of our Office for Systemic Justice, our Ecology Committee, Vocations

Committee, Archives, Associate/Companion committees, as well as the ground-swell desire for members to gather as "Sojourners in Active and Inclusive Love".

During this 50th anniversary, we honour the work of all these committee members and along with all our 2016 Jubilarians, shout from the rafters that God is truly calling us forward into the mystery of everlasting unity of all creation. Such inspiring work certainly affects each of us in our daily activity.

Am I willing to let Spirit lead? Have I

urged anyone in their passionate living of the charism lately?

The 2014 performance of "Jubilee" by the Catherine Russel Quartet at the Shanghai Restaurant gets my juices going. What manner of thing might we envision for living our charism into its next years on Canadian soil? Can we improvise something bold in the climate performance hall? Something bold enough to support climate justice and care of Our Common Home?

Federation 50th Anniversary Celebration—Exhibit in the Provincial Legislative Assembly Building, Queen's Park, Toronto

"Women Who Care" - Sisters of St. Joseph and Health Care in Ontario

Members of our Federation Archives Committee have prepared an exhibit which has been installed at the Provincial Legislative Assembly Building celebrating the contribution of the Sisters of St. Joseph to Health Care in Ontario. On the 50th anniversary of its foundation, the Federation of Sisters of St. Joseph of Canada wishes to recognize these women religious who dedicated their lives to serve those most in need. As such, this exhibit honours their contributions.

The exhibit is part of a community exhibits program run by the Legislative Assembly and includes:

- ◆ A large map of Ontario highlighting locations and dates of the 25 health care institutions founded by the then six congregations
- ◆ Historical photographs
- ◆ Artifacts such as the trowel presented at the laying of the cornerstone for St. Joseph's Villa, Dundas; a facsimile of a 1906 graduation diploma from



St. Michael's Hospital School of Nursing; and a nurse's cap from St. Joseph's Hospital, Chatham.

Community exhibits can be viewed by guided tour in the west wing of the legislative building.

<http://discoveryportal.ontla.on.ca/en/visit-us/tours/building-tour>

Our exhibit will be on display from the beginning of March until the end of July 2016. We would encourage you to view our exhibit if you live in Toronto, or happen to be visiting.

Vocation Voices—Mercy: The Heart of Vocation

Mary Rowell, CSJ on behalf of the Federation Vocation Committee



Although it may not seem to be immediately clear there is a beautiful connect between last year's celebration of the Year of Consecrated Life and this year's Jubilee

of Mercy. Mercy is the foundation of the Christian vocation and of every particular vocation. **Sister Camille D'Arienzo, RSM**, in a recent copy of *Horizon* has said: "the acceptance of and extension of mercy is at the heart of a religious vocation." Teresa of Avila was very clear on this point when she told her sisters:

*Christ has no body now on Earth but yours,
No hands but yours,*

*No feet but yours,
Yours are the eyes through which
Christ's compassion
Is to look out to the world.*

Our call is rooted first in the reception of Divine Mercy in our own lives before we can be that mercy for others. Perhaps there is paradoxically a human perfection in understanding that we are not perfect and neither are others and so mercy is born in our closest relationships; in our communities. We are called to be merciful to one another in community. If we hope and expect to attract and retain new members they need to see us offering our gifts, admitting our personal limitations, reaching out in reconciliation to those we may have hurt or from whom we have become estranged, tenderly walking with others in their joy and pain.

Brother John Mark Falkenhain, OSB, has said that we will be able to

create a necessary "internal culture of vocations" only where there is active mercy and compassion within our communities.

Where our communities are places of mercy, we are freed to receive God's unconditional love. We can be transformed for new life. Such mercy, in the words of Pope Francis is a "wellspring of joy". We learn, he says, to "smile from the heart". For whatever our vocation processes may look like, it has been shown conclusively that the one thing those discerning vocation notice is joy in our members. It is joy in our being, in our prayer, in our hospitality, and especially in mercy shown in our ministries as we reach out to others and to the whole of our creation. Joy and mercy are the great attractors! Let our joy and mercy meet!

Prayer for Mercy

With the Pilgrimage Retreat for Young Adults "Living Mercy" in mind:

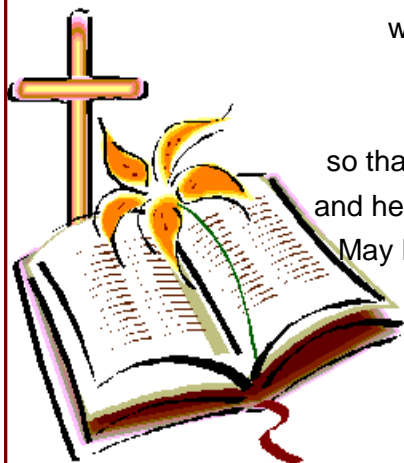
Our God, whose name is Mercy,
Open our hearts to your tenderness and compassion.

Fill us with your Spirit,
that together with our brothers and sisters
we may recognize opportunities to extend your graciousness.

Empty of self, may we be forgiving and ready to relent,
as Jesus was in his living and in his dying,
so that our congregation may be a sign of your great and tender love
and help to bring about the unity that is the evidence of your presence.

May Mary, Mother of Mercy, and Joseph, our advocate and patron,
be with us, as we grow into the merciful people,
the Father desires us to be.

This we ask through Jesus Christ, your beloved,
Amen.



The Green Window—Part 21

Janet Speth CSJ on behalf of the Federation Ecology Committee

Why Green Our Faith? Guiding Spiritual Principles for Integral Ecology

— In this time of grave ecological crisis, a global cry is rising up shouting, “What must we do to protect and cherish the integrity of the planet?” Pope Francis, in *Laudato Si*, is offering one way forward by challenging us to envision integral ecology which holds social justice and ecological justice together as one. This is at the heart of the encyclical’s message.

How will the human family live into integral ecology? It is critical that faith communities actively participate in the dialogue. What is needed are sound guiding principles that will allow us to see more clearly how our Christian faith and integral ecology are interconnected. The emerging field of ecological ethics is striving to do this.

Many principles are being developed to help us as “believers (to) better recognize the ecological commitments which stem from our convictions”. (LS 64). Following are a few which exemplify the wide range of contexts needing consideration:

Evolutionary Context: All creation has emerged from an evolutionary process. Humans are not separate beings; rather, we are an integral part of the web of life.

Ecological Context: Humans have a responsibility to care for and protect the existence of and the biodiversity of all life systems now and into the future.

Social Context: Economic activities and institutions must promote human development in an equitable and sustainable manner. Gender

equality must be affirmed as a prerequisite to sustainable development.

Spirituality Context: All is sacred. All creation has intrinsic value and dignity within their relationships of inter-connectedness. These must be respected, apart from their usefulness.

Sustainability Context:

Every aspect of creation also has an instrumental value. Everything is needed by another to sustain its existence. A self-sufficient community will only use what is needed to sustain healthy and balanced eco-systems.

One principle not often referred to is that of Beauty. **Jame Schaefer** gives us a profound reflection: “Beauty is constitutive of who we are and manifests as intrinsic generosity expanding our experience of inter-dependence and inter-relatedness with all life.”¹

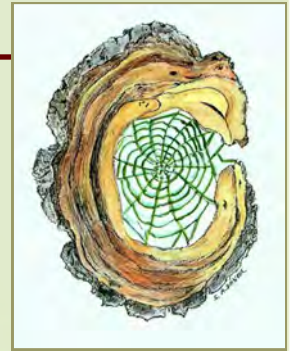
For the full flourishing of the planet it is imperative that we choose to integrate these principles into our beliefs, lifestyles and actions. A Covenant Model of Global Ethics² offers a ray of hope particularly recalling the covenant with Noah made between humans and all living beings. Covenant means to come together by making a promise. For Integral Ecology there is the promise to protect the common good. However, we know that we are promise-makers and promise breakers. In humility we acknowledge where we have alienated ourselves from the web of life. In hope we rise up again and again to build a new covenant with Earth, with God’s grace and the good will

of all peoples. The Paris Summit is the gleaning of such a covenant as countries search together for a global vision to mitigate the impact of climate change.

Encouraging us, Francis offers another principle: “Caring for ecosystems demands farsightedness.” (LS 36). Yet deeper still is Love for earth and the human family which springs forth from our indwelling and sustaining relationship with the Divine.

¹ Jame Schaefer, “Valuing Earth Intrinsically and Instrumentally: A Theological Framework for Environmental Ethics”, *Theological Studies*, 66 (2005): 783-814.

² J. Ronald Engel, “A Covenant Model of Global Ethics”, *Worldviews* 8, 1 (2004), 29-46



47 Queen's Park Crescent East
Toronto, ON M5S 2C3

Phone: 416-424-4685

Email: can.csj-fed@bellnet.ca

Website: www.csjfederation.ca

Our Mission Statement:

United by a common story and charism, we Sisters of St. Joseph of Canada, form a Federation to empower one another in the passionate living of our charism of active and inclusive love.

Urged by God's spirit, we collaborate with Sisters of St. Joseph globally and respond to the evolving reality of our world, bringing healing and hope to all creation.

FOOD FOR THOUGHT

Nancy Wales, CSJ on behalf of the Federation Ecology Committee



Food Trends—Have you heard about **Generation YUM**? They are a large subset of Millennials or Generation Y. Those who were born between the early 80's and the early 2000's. In a recent interview on the AGENDA, host **Steve Paikin** spoke with author, **Eve Turow Paul**, a free-lance food, travel and culture writer. Her new e-book, "A Taste of Generation YUM" has just been released. The author admitted that it was her own curiosity which prompted her research into the reasons behind the changing relationships of Millennials with food. In her search for answers, she interviewed many of her peers and numerous food leaders. Her findings supported her initial observations that significant numbers of Generation Y are truly obsessed with all things food. 'Foodies' par excellence, she labeled Generation Y also as **Generation YUM**.

Rachel Greenburger, in her review of "A Taste of Generation YUM," highlights, "Plenty has been written on

Millennials, but not much on their relationships to food and certainly not what underpins it." One point that I found particularly intriguing about Generation YUM, those who have grown up in a highly technological sphere, was the convergence of their obsession with food. Although Millennials are overly connected in the digital space, it appears they long for the connection and grounding that food offers. Food is their anti-technological antidote for what's missing in their digitized lives. Food is their source of sensory stimulation beyond their eyes and fingertips. It provides real time face-to-face connection, a source of peer identity and a sense of control. To learn more about Eve Turow Paul's findings, access the 15 minute interview between Steve and Eve at <https://youtu.be/yzg0kPavi-AI>. It's well worth your time.

What might your own food choices indicate about your own relationship with food?

Celebrating Our Story!
1966 - 2016
The First Fifty Years



SISTERS OF ST. JOSEPH OF CANADA ~ Jubilarians 2016

Congregation	75 Years	70 Years	60 Years	50 and 25 Years
Sisters of St. Joseph of Toronto June 12, 2016	Sr Agnes Teresa Sheehan	Sr Marie Allen Sr Kathleen Conway	Sr Cecilia Barry Sr Thérèse Cleary Sr Andrea Dumont Sr Janet Fraser Sr Elaine Guidinger	50 Years Sr. Thérèse Meunier
Sisters of St. Joseph of Sault Ste Marie October 9, 2016	Sr Immaculata Sr Antoinette	Sr Kathleen Brennan Sr Leah Gauthier Sr Anne Brotherton Sr Frances Gavin Sr Joyce Bialek	Sr Dolores Turgeon Sr Norah Murphy Sr Mary Jakubo	50 Years Sr Aileen Cassidy Sr Pauline Guindon
Sisters of St. Joseph in Canada—Hamilton Neighbourhood May 14, 2016	Sr Francis Rossignoli Sr Mary Ambrose Huszak		Sr Bernardine Smith Sr Carole Anne Guay Sr Carol Graf	50 Years Sr Susan Kerrigan 25 Years Sr Isobel Gallotti
Sisters of St. Joseph in Canada—London Neighbourhood June 4, 2016— 50 th October 1, 2016— 60 th , 70 th & 75 th	Sr Alice Marie McDonald Sr Inez Whaling	Sr Marie Celine Janisse Sr Eileen Foran	Sr Mary Boere Sr Mary Lois White Sr Elaine Cole	50 Years Sr Patricia St Louis Sr Mary Jo Fox Sr Margaret Ann Beaudette Sr Margaret Keller Sr Ann MacDonald Sr Maureen Shearon Sr Janet Zadorsky
Sisters of St. Joseph in Canada—Peterborough Neighbourhood June 11, 2016			Sr Ruth Hennessey Sr Pat Moran Sr Veronica O'Reilly Sr Shirley O'Rourke Sr Sheila Welsh	
Sisters of St. Joseph in Canada—Pembroke Neighbourhood September 3, 2016	Sr Rita Bowers	Sr Maria Mousseau	Sr Lucy Germain	25 Years Sr Gloria Muchypina Salhuana